



## Community Awareness Newsletter

Hey E-Bike Riders!

This month, let's talk safety. We all love the convenience and fun of zipping around on our electric rides, but it's crucial to prioritize safety for ourselves and those around us.

**\*Under 12 years not authorized to ride any class E-bike**

- **Understand Your E-Bike's Class:** Be aware of your e-bike's class (Class 1, 2, or 3) and the speed limits. Obey all local laws and regulations regarding e-bike use.
- **Read the Manual:** Familiarize yourself with your e-bike's features, operation, and maintenance requirements.
- **Helmets are a MUST:** Seriously, no exceptions. A good helmet can be the difference between a minor scrape and a serious injury. Make sure yours fits properly!
- **Be Seen:** Especially as the days get shorter (or longer, depending on the season!), visibility is key. Wear bright clothing, use reflective tape, and ensure your lights are working properly. Consider adding extra lights to your bike/scooter!
- **Know the Rules of the Road:** Just like cars, e-bikes and scooters are subject to traffic laws. Familiarize yourself with local regulations regarding where you can ride, speed limits, and any other specific rules.
- **Signal your Intentions:** Use hand signals to indicate turns and stops.

- **Braking Basics:** Practice your braking technique in a safe area. Get comfortable with how your brakes respond in different conditions (wet, dry, etc.). Sudden stops can be dangerous, so learn to anticipate and brake smoothly.
- **Be Aware of Your Surroundings:** Pay attention to pedestrians, cars, and other cyclists. Avoid distractions like headphones or texting while riding.
- **Maintain a Safe Speed:** Adjust your speed to the conditions. Slow down in crowded areas, on uneven surfaces, and when visibility is poor.

For more on E-Bikes reference MCIWEST CAMPENO 5100.8 here:



**Camp Pendleton Emergency Management AtHoC:**

Register through QR code below.  
Your go-to source for official emergency information, alerts, and preparedness guidelines specific to Camp Pendleton.

**Mass Notification Register**





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### Thanksgiving Safety Tips

Here's how to keep your Thanksgiving celebration safe and enjoyable:

**Stay Alert & Focused:** Avoid distractions like phone calls or excessive socializing while you're at the stove/oven. Never leave cooking unattended!

**Timer:** Set it to remind yourself the stove or oven is on. A simple reminder can prevent burnt food and potential fires.

**Turkey Fryer:** If you're frying a turkey, do it OUTDOORS, away from buildings and wooden structures. Never leave the fryer unattended. Use extreme caution when lowering and raising the turkey. Make sure the turkey is completely thawed before frying. Never use a turkey fryer indoors or in a garage.

**Fire Extinguisher:** Have a fire extinguisher handy. Know how to use it! A Class B fire extinguisher is best for kitchen fires. Keep it accessible and in good working order.

**Food temperature:** Use a food thermometer to ensure your foods reach the safe internal temperature. The thickest part of the thigh of a turkey should reach 165°F (74°C).

**Children Safety:** Supervise children closely, especially in cooking areas.

**Pet Safety:** Keep pets away from the kitchen and scraps. Many Thanksgiving foods are toxic to animals.

**Smoke Detectors:** Ensure your smoke detectors are working properly and have fresh batteries. Test them before Thanksgiving Day.

**Travel Safely:** If you're traveling, make sure your vehicle is in good condition and you plan your route in advance with alternatives.

### Lost and Found:

The Physical Security section with the Provost Marshal Office accepts found property for proper handling and final disposition.

Please view the QR code listed below under the Physical Security and Crime Prevention tab. You can contact us at 760-725-9454 regarding items within our possession.



### Marine Corps Birthday:

- Happy Birthday, Marines! November 10th marks the US Marine Corps' birthday.
- Semper Paratus! This year, we celebrate their 250th year of service, since their founding in 1775.
- Join the Celebration: Honor and thank the Marines for their dedication and sacrifice!

### Veterans Day:

- Always observed November 11th.
- Honors all who served, living or deceased.
- Celebrates service, unlike Memorial Day which honors those who died.
- Originally Armistice Day, marking the end of WWI.
- Renamed Veterans Day in 1954 to honor all veterans.

November 2025

## CAMP PENDLETON PMO



Base Access



Camp Pendleton  
MCLEP Recruitment



DBIDS Pre-enrollment

Contact Information:  
Provost Marshal Office  
Building 4100377  
Marine Corps Base Camp Pendleton, CA

NON-EMERGENCY DISPATCH: 760-725-3888  
PMO Desk Sergeant: 760-725-9883

Physical Security:  
GySgt Panganiban  
SSgt Deleon  
760-725-9545  
[\\_pndl\\_PMO\\_PHYSEC@usmc.mil](mailto:_pndl_PMO_PHYSEC@usmc.mil)

Community Oriented Policing Services:  
GySgt Graham  
SSgt Barragan  
Cpl Brothers  
760-725-1138  
[PNDL\\_PMO\\_CommunityOrientedPolicing@usmc.mil](mailto:PNDL_PMO_CommunityOrientedPolicing@usmc.mil)



HQ MCLEP Recruitment



Eagles Eyes

